## THE THERAPEUTIC DAY SCHOOL MODEL IS:

- Evidence based
- Trauma informed
- Developmentally oriented
- Family focused



"My son attended Day Treatment for about a year and a half. He learned so much more than academics, including social skills, acceptance, coping skills, patience, trust, and most importantly faith in himself."

~ Parent of a youth who graduated from Day Treatment

One Hope United
Therapeutic Day School
P.O. Box 1128
215 N. Milwaukee Ave.
Lake Villa, IL 60046
847.245.6526

#### ABOUT ONE HOPE UNITED

One Hope United is a private human service organization that has been investing in children and families for over 120 years, offering a diverse array of early childhood education, prevention, intervention and community-based programs. Our team of more than 700 talented professionals serves nearly 10,000 children and families each year in Illinois, Wisconsin, Missouri, and Florida.

onehopeunited.org



# THERAPEUTIC DAY SCHOOL

The Therapeutic Day School provides a unique learning experience for students who may have difficulties learning in traditional school settings. The Day School offers a traumainformed approach with students in classrooms with low teacher to student ratios. Students are able to develop positive relationships with caring staff members—thereby increasing their abilities to grow academically, socially and emotionally in a safe and supportive educational environment.





### OUR MODEL INCLUDES:

- Individual and small group teaching
- Weekly individual and group counseling sessions
- In-home family counseling
- Weekly therapeutic groups focused on a variety of social-emotional, health and life-skill domains

### **EUGIBILITY:**

- Students ages 8–18
- Students with learning, emotional or behavioral disabilities
- Students who require a safe, structured and therapeutic academic environment as identified in their individualized education plan (IEP)

Many of the youth we serve are involved in the legal system, use alcohol or drugs, struggle to fit in with their peers, and have trouble with authority figures. Many are dealing with significant family challenges such as divorce or the death of a parent and cannot manage their emotions or behavior without significant support.

We help our students set goals—and keep them. Most students are ready to begin transitioning to a less restrictive academic setting within two semesters.

One Hope United works closely with the referring districts to assess progress and determine the best transitional plan for each student. Parents and educational staff are welcome to observe their child or student at any time.