



### **CPR and First Aid Training**

One Hope United requires all licensed foster parents to be first aid and CPR trained. If you have a pool the certification card is needed. You can complete this training through a community resource, which is the preferred method, or the training can be completed online.

**Complete online at [www.cprandfirstaid.net](http://www.cprandfirstaid.net)**

Once on the website click the green "start now" icon and this will bring you through the first aid and CPR training. Once the exam is complete you can print or take a picture of your score to provide to your licensing representative.